(Promoted for and on behalf of Cycling Time Trials under their rules and Regulations)

Summer 30m (Like a 25 But 20% Extra Free)

At Liss ~ Greatham Hampshire ~ Saturday 13th July 2019

The Headquarters are at the *Palais de Velo* Petersfield Road Greatham GU33 6HA

Timekeepers: Maria Golden, Kathleen Collard-Berry

Start Line Stewards: Nick Burton, John Sadler,

Marshals & Crew:

Catering:

Results & Presentation: Paddy Brennan

Event HQ is Greatham Village Hall & will be Signposted from Ham Barn Roundabout A3

To the Start: (12 minutes) Turn left outside of the Village Hall and continue to Longmoor Road on the right, go up the road until you come out onto the slip road to the A325 (take care). Turn left & take the first exit onto the A325 where you can ride down to the start. There is no need to go back & forth to the start as we do not move it once the event has started.

It is a "rubbish start", but I haven't worked out a better start that is legitimate distance to the finish point, you should be able to get it out of the way soon & you don't have to come back to it.

When you have finished take care coming up to the Ham Barn roundabout and take the third exit towards Greatham and HQ **please** make your intensions clear to any following traffic. Also don't sit up, there will be other riders & traffic behind you. You will arrive at the village hall from the opposite direction. It is the normal summer 10 HQ.

If caught, ease back; do not take pace on the wheel of the rider who caught you Look where you are going, keep your head up & please don't hog the carriageway.

Prizes: they will be presented to the first three in either gender plus team. They will be presented *quickly* after the Events, please stay and applaud the Victors of the Day. Paddy & Martin will also issue a result sheet "on the day". **Prizes not collected on the day** will be deemed to have been donated, unless prior arrangements have been made.

Event Secretary: David Collard-Berry, 59 Midhurst Road Fernhurst Haslemere GU27 3EN Tel.: 01428 651843 ~ mobile (Race HQ Mobile): 07867 995645 ~ email: dcb@a3crg.co.uk

Paddy Brennan, Transform House, Weydown Road, Haslemere, GU27 1DN email: paddy@a3crg.co.uk

IN THE INTERESTS OF YOUR OWN SAFETY, Cycling Time Trials and the event promoters strongly advise you to wear a HARD SHELL HELMET that meets an internationally accepted safety standard. It is also <u>recommended</u> that a WORKING (FOUR4th) REAR LIGHT, either flashing or constant, is fitted to the machine in a position visible to following road users and is active while the machine is in use

Course Description P884/30

Course Record Men: Ben Instone 01:00:20 (11/08/07) ~ Women's: Lesley-Anne Walkling 01:09:43

Tandem Record: Dave Keene / Barry Charlton 01:02:42 (12/08/06)

Start at Greatham on the A325 (Woolmer Road) approximately 75 yards south east of Greatham Roundabout and approximately 25 yards northwest of BT covers. Head towards and circle the Greatham Roundabout retracing on A325 and towards the Longmoor Bridge going straight on at the small roundabout, cross the flyover to join the A3 towards Portsmouth / Petersfield (0.80 mile).

Stay on the A3 crossing Ham Barn Roundabout until the Liss turning (half a mile past the lay-by); turn in to the slip road then at the roundabout take the second exit, then bear right following signs for A3 Guildford. Go over the flyover to rejoin A3 (4.5 miles) and proceed north.

Continue along A3 to Ham Barn Roundabout, **Approaching Ham Barn Roundabout stay in the middle lane** & take 2nd Exit and continue north on the A3. Proceed north passing turnings for the (1) A325 (Farnham) (2) Griggs Green, at the third turning (11.3 miles) take the left turn signposted Haslemere / Liphook, and continue over the flyover taking the left turn onto the slip road to rejoin the A3 in a southerly direction (signposted Petersfield / Portsmouth).

Retrace along A3 towards the Ham Barn Roundabout and take the second exit as before (still on the A3). Once again take the Liss Slip Road & then go directly over roundabout bearing right following sign A3 Guildford. Go over the fly-over to rejoin A3 (as before).

Rejoin A3 as before and retrace outward route up the A3 via Ham Barn Roundabout (20.10 miles) to the Liphook flyover and back down A3 to finish at a point 10 yards south of entry to lay-by, after passing under bridge and 0.554m north of Liss/Selborne RBT (Ham Barn) (30 miles). (It is where the P881/10, P884b/15, P884b/25 finishes)

Any Mileage Markers will refer to the last lap

Please Check Your Start Time & Switch On Your Rear Light, We Need To Be Able To See It & Please Don't Hog The Carriageway

Solo & Tandem Riders

Num	Rider	Squadra/Team/Club	Cat	Start Time
2	Mike Garner	a3crg	Vet	15:02
3	Peter Weaver	New Forest CC	Vet	15:03
4	Andy Langdown	Blazing Saddles	Vet	15:04
5	Nic Stevenson	Westerley Cycling Club	Sen	15:05
6	Lucy Mitchell	a3crg	WV	15:06
7	Peter Horsfield	Redmon CC	Vet	15:07
8	John Isard	Hampshire Road Club	Vet	15:08
9	Joy Payne	Amersham Road Cycling Club	WV	15:09
10	Michelle Walter	Bournemouth Arrow CC	WV	15:10
11	Eva Nyirenda	a3crg	WS	15:11
12	Deborah Smith	Southdown Velo	WV	15:12
13	Virginia McGee	a3crg	WV	15:13
14	Mike O'Gorman	Worthing Excelsior CC	Vet	15:14

15	Nigel Sign	Fareham Wheelers CC	Vet	15:15
16	Steve Bray	Salt and Sham Cycle Club	Vet	15:16
17	Neil Crowther	Blazing Saddles	Vet	15:17
18	Gavin Stevens	Royal Air Force Cycling Association	Sen	15:18
19	Derrick Thirlwell	Kingston Wheelers CC	Vet	15:19
20	Liam Somerville	Bike Jockey CC	Sen	15:20
21	Andrew Thomas	a3crg	Sen	15:21
22	Jo Buckland	PDQ Cycle Coaching	WV	15:22
23	Adrian Blacker	C and N Cycles RT	Vet	15:23
24	Louisa Cooper	Bournemouth Jubilee Whs	WS	15:24
25	Greg Parker	Estrella Bikes	Vet	15:25
26	Marianne Holt	Team Bottrill	WS	15:26
27	Robert Willcocks	Royal Air Force Cycling Association	Sen	15:27
28	Helen Reynolds	Hemel Hempstead CC	WV	15:28
29	Shaun Smart	Southdown Velo	Vet	15:29
30	Sarah Matthews	a3crg	WV	15:30
31	Angus MacInnes	Royal Air Force Cycling Association	Vet	15:31
32	Kirsty McSeveney	a3crg	WS	15:32
33	Arthur Franklin	Portishead Cycling Club	Sen	15:33
34	Jennifer Millmore	Islington Cycling Club	WS	15:34
35	Howard Bayley	Blazing Saddles	Vet	15:35
36	Angela Carpenter	a3crg	WV	15:36
37	Fabien Large	NOPINZ	Jun	15:37
38	Jonathan Gates	Royal Air Force Cycling Association	Vet	15:38
39	Neil Mackley	a3crg	Vet	15:39
40	Andy Lack	Paceline RT	Vet	15:40
41	Liam Maybank	Twickenham CC	Vet	15:41
42	Charles Mitchell	a3crg	Vet	15:42
43	Chris Holmes	Twickenham CC	Vet	15:43
44	Kevin Tye	VeloRefined.com Aerosmiths	Vet	15:44
45	Rachael Elliott	Newbury RC ~ Tandem	WV	15:45
45	Ian Greenstreet	AeroCoach ~ Tandem	Vet	15:45

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The Police Have Been Paying Attention Lately. You May Get Greater "Traffic Suck" By Staying Out In The Lane, But If We Lose The Course Then That Would Really "Suck"